

# Atlantic Kayak Tours

## Saugerties Skill Sessions

### Program Description

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- Meeting Time:** Evening Program: 5:30 PM to be on the water at 6:00 (please don't be late as we need to start on time.)  
Day Program: 11:30 PM to be on the water at noon
- Meeting Place:** Town of Saugerties Glasco Mini Park (see map on other side).
- Distance:** 2-4miles
- Skill Level:** This program is designed for paddlers of any skill level. Calm to moderate sea conditions, with some wakes under normal conditions, but if windy the river can be very choppy.
- Equipment:** You need to have a white flashlight or headlamp as we will be getting off the water near or after sunset. Listen to the weather forecast and remember that it is cooler on the water and as the sun sets the temperature will drop. As we will be getting wet dress for the water temperature, not just the air temperature. If you bring your own kayak it must be a minimum of 14 feet long with bulkheads.
- Food/Drink:** Bring something to drink and a snack to eat.
- Directions:**
- From Albany (southbound Thruway): Take the New York Thruway to exit 20 (Saugerties). After paying the toll take a left onto Route 32. Go to the traffic light. Make a left onto Route 212/Route 32. Go one mile, turn right onto Market St. At the light make a left, still Route 212 (Main Street, Saugerties). Follow directions below.
- From northbound Thruway: Take the New York Thruway to exit 20 (Saugerties). After paying the toll take a right onto Route 212/Route 32. Go one mile, turn right onto Market St. At the light make a left, still Route 212 (Main Street, Saugerties). Follow directions below.
- Continue: At the next light make a right onto Partition Street, which is now Route 9W South. At the bottom of Partition Street follow the main traffic making a left (Route 9W/32) onto Hill Street (Partition Street dead ends). You will now cross over the Esopus Creek. Follow Route 9W/32. It will make a sharp right, then left and another sharp right.
- In about one mile you will pass a McDonalds on right. .4 mile beyond McDonalds at the traffic light turn left staying on Route 32 (9W continues straight). In about half a miles turn left onto Glasco Turnpike/County Road 32 (no street sign). Just before the road ends at the River you will make a right onto Hudson Street and then a left onto Albany Street to the Town of Saugerties Glasco Mini Park located next to water treatment plant.
- From Connecticut or any place on the eastern side of the Hudson River, take the Taconic Parkway to Route 199. Follow Route 199 west (approximately 9 miles) to Route 9G/199 South. Take Route 9G/199 for 2.9 miles and make a right onto Route 199 heading toward the Kingston Rhinecliff Bridge. After crossing the bridge take the first exit onto Route 32 North. Go about 5 Miles and make a right onto Glasco Turnpike/County Road 32 (no street sign). Just before the road ends at the River you will make a right onto Hudson Street and then a left onto Albany Street to the Town of Saugerties Glasco Mini Park located next to water treatment plant.
- lat/lon:** N42.040339/W73.941569

# Description

Each session will cover different skills and brush up on already learned skills. We will paddle some and stop along the way to work on skills. The conditions of the day and the group needs will help determine what we get covered each week. At the same time the evening sessions will also be enjoying the sunset on the Hudson River.

- Learn to control your kayak using new skills.
- Increase the efficiency of your forward stroke.
- Prevent you kayak from capsizing.
- Rescue others in real conditions using a variety of different techniques.
- Have fun and play games. Kayaking is about balance. Games are about having fun. Kayak games improve your skills as we all have fun.

For the evening programs you need to have a white flashlight or headlamp as we will be getting off the water near or after sunset.

Every session will be about enjoying the Hudson, improving skills and having fun.

